

## Communications Office

Peterborough County-City Health Unit  
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[www.pcchu.ca](http://www.pcchu.ca)



## FOR IMMEDIATE RELEASE

# Health Unit to Offer H1N1 Vaccinations to Pregnant Women and Second Doses to Children

### *Clinic Appointments Available*

**Tuesday, November 24, 2009, Peterborough**

The Peterborough County-City Health Unit is offering appointments to pregnant women who want the unadjuvanted H1N1 vaccine and to children who need their second dose of the adjuvanted H1N1 vaccine.

#### ***Pregnant Women:***

Starting this Friday, November 27, appointments will be available on a regular basis for pregnant women every Monday and Friday to receive the unadjuvanted H1N1 vaccine. Women are asked to call **743-1000, ext. 301** to book an appointment.

Pregnant women are at higher risk of hospitalization and complications due to influenza. Immunization against influenza is recommended for all pregnant women by the Society of Obstetricians and Gynecologists of Canada.

#### ***Children 6 months to 9 years:***

On Saturday, January 9, 2010 from 10 a.m. to 2 p.m., the Health Unit will run a clinic for children aged 6 months to 9 years who require a second dose of the adjuvanted H1N1 vaccine. Parents are asked to call **743-1000, ext. 135** to book an appointment.

Second doses are recommended for all children aged 6 months to under 3 years, and also for children aged 3 to 9 years who have chronic medical conditions. The second dose must be given at least 21 days after the first. There is no urgency in the timing of the second dose – as long as there is a minimum interval of at least 21 days between the two vaccination dates. Parents are reminded that healthy children aged 3 to 9 years only require one dose of the H1N1 adjuvanted vaccine.

The Health Unit would also like to advise the community that effective Friday, November 27 it will resume operation of its routine immunization clinics every Monday and Friday. For those who require vaccinations for mumps, measles, rubella, hepatitis B, meningitis, diphtheria, tetanus, pertussis, etc., please call **743-1000, ext. 301** to book an appointment.

There is no charge to receive any of the above vaccinations. The Peterborough County-City Health Unit is located at 10 Hospital Drive and free parking is provided.

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**For further information, please contact:**

Brittany Cadence, Communications Officer

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